# Free subgroups of 3-manifold groups 

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#### Abstract

We show that any closed hyperbolic 3-manifold $M$ has a co-final tower of covers $M_{i} \rightarrow M$ of degrees $n_{i}$ such that any subgroup of $\pi_{1}\left(M_{i}\right)$ generated by $k_{i}$ elements is free, where $k_{i} \geq n_{i}^{C}$ and $C=C(M)>0$. Together with this result we prove that $\log k_{i} \geq C_{1} \operatorname{sys}_{1}\left(M_{i}\right)$, where $\operatorname{sys}_{1}\left(M_{i}\right)$ denotes the systole of $M_{i}$, thus providing a large set of new examples for a conjecture of Gromov. In the second theorem $C_{1}>0$ is an absolute constant. We also consider a generalization of these results to non-compact finite volume hyperbolic 3-manifolds.


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## 1. Introduction

Let $\Gamma<\operatorname{PSL}_{2}(\mathbb{C})$ be a cocompact Kleinian group and $M=\mathbb{H}^{3} / \Gamma$ be the associated quotient space. It is a closed orientable hyperbolic 3-orbifold, it is a manifold if $\Gamma$ is torsion-free. We will call a group $\Gamma k$-free if any subgroup of $\Gamma$ generated by $k$ elements is free. We denote the maximal $k$ for which $\Gamma$ is $k$-free by $\mathcal{N}_{f r}(\Gamma)$ and we call it the free rank of $\Gamma$. For example, if $S_{g}$ is a closed Riemann surface of genus $g$, then its fundamental group satisfies $\mathcal{N}_{f r}\left(\pi_{1}\left(S_{g}\right)\right)=2 g-1$. In this note we prove that for any Kleinian group as above there exists an exhaustive filtration of normal subgroups $\Gamma_{i}$ of $\Gamma$ such that $\mathcal{N}_{f r}\left(\Gamma_{i}\right) \geq\left[\Gamma: \Gamma_{i}\right]^{C}$, where $C=C(\Gamma)>0$ is a constant. In geometric terms the result can be stated as follows.

Theorem 1. Let $M$ be a closed hyperbolic 3-orbifold. Then there exists a co-final tower of regular finite-sheeted covers $M_{i} \rightarrow M$ such that

$$
\mathcal{N}_{f r}\left(\pi_{1}\left(M_{i}\right)\right) \geq \operatorname{vol}\left(M_{i}\right)^{C}
$$

where $C=C(M)$ is a positive constant which depends only on $M$.

[^0]The proof of the theorem is based on the previous results of Baumslag, Shalen and Wagreich [4, 18], Belolipetsky [5], and Calegari and Emerton [6]. Let us emphaisize that although some of the results use arithmetic techniques, our theorem applies to all closed hyperbolic 3-orbifolds. A result of similar flavor but for another property of 3-manifold groups was obtained by Long, Lubotzky, and Reid in [15]. Indeed, in some parts our construction comes close to their argument.

Together with Theorem 1 we obtain the following theorem of independent interest:

Theorem 2. Any closed hyperbolic 3-orbifold admits a sequence of regular manifold covers $M_{i} \rightarrow M$ such that

$$
\mathcal{N}_{f r}\left(\pi_{1}\left(M_{i}\right)\right) \geq(1+\varepsilon)^{\operatorname{sys}_{1}\left(M_{i}\right)}
$$

where $\varepsilon>0$ is an absolute constant and $\operatorname{sys}_{1}\left(M_{i}\right)$ is the length of a shortest closed geodesic in $M_{i}$.

This type of bound was stated by Gromov [8, Section 5.3.A] for hyperbolic groups in general, but later turned into a conjecture (see [9, Section 2.4]). We refer to the introduction of [5] for a related discussion and some other references. In [9], Gromov particularly mentioned that the conjecture is open even for hyperbolic 3manifold groups. The first set of examples of hyperbolic 3-manifolds for which the conjecture is true was presented in [5]. These examples were all arithmetic. Our theorem significantly enlarges this set.

We review the construction of covers $M_{i} \rightarrow M$ and prove a lower bound for their systoles in Section 2. Theorems 1 and 2 are proved in Section 3. In Section 4 we consider a generalization of the results to non-compact finite volume 3-manifolds. Their groups always contain a copy of $\mathbb{Z} \times \mathbb{Z}$, so have $\mathcal{N}_{f r}=1$, however, we can modify the definition of the free rank so that it becomes nontrivial for the non-compact manifolds: we define $\mathcal{N}_{f r}^{\prime}(\Gamma)$ to be the maximal $k$ for which the group $\Gamma$ is $k$-semifree, where $\Gamma$ is called $k$-semifree if any subgroup generated by $k$ elements is a free product of free abelian groups. With this definition at hand we can extend Gromov's conjecture to the groups of finite volume non-compact manifolds. In Section 4 we prove:

Theorem 3. Any finite volume hyperbolic 3-orbifold admits a sequence of regular manifold covers $M_{i} \rightarrow M$ such that

$$
\mathcal{N}_{f r}^{\prime}\left(\pi_{1}\left(M_{i}\right)\right) \geq(1+\varepsilon)^{\operatorname{sys}_{1}\left(M_{i}\right)}
$$

where $\varepsilon>0$ is an absolute constant.
To conclude the introduction we would like to point out one important detail. While in Theorems 2 and 3 we have an absolute constant $\varepsilon>0$, the constant in

Theorem 1 depends on the base manifold. In [5] it was shown that in arithmetic case $C(M)$ is also bounded below by a universal positive constant. Existence of a bound of this type in general remains an open problem.

Question 1. Do there exist an absolute constant $C_{0}>0$ such that for any $M$ in Theorem 1 we have $C(M) \geq C_{0}$.

## 2. Preliminaries

Let $\Gamma<\operatorname{PSL}_{2}(\mathbb{C})$ be a lattice, i.e. a finite covolume discrete subgroup. By Mostow-Prasad rigidity, $\Gamma$ admits a discrete faithful representation into $\mathrm{SL}_{2}(\mathbb{C})$ with the entries in some (minimal) number field $E$. Since $\Gamma$ is finitely generated, there is a finite set of primes $S$ in $E$ such that $\Gamma<\mathrm{SL}_{2}\left(\mathcal{O}_{E, S}\right)$, where $\mathcal{O}_{E, S}$ denotes the ring of $S$-integers in $E$.

Following Calegari and Emerton [6], we can consider an exhaustive filtration of normal subgroups $\Gamma_{i}$ of $\Gamma$ which gives rise to a co-final tower of hyperbolic 3-manifolds covering $H^{3} / \Gamma$. The subgroups $\Gamma_{i}$ are defined as follows. From the description of $\Gamma$ given above it follows that it is residually finite and for all but finitely many primes $\mathfrak{p} \in \mathcal{O}_{E}$ there is an injective map $\phi_{\mathfrak{p}}: \Gamma \rightarrow \mathrm{SL}_{2}\left(\widehat{\mathcal{O}}_{E, \mathfrak{p}}\right)$ (where $\widehat{\mathcal{O}}_{E, \mathfrak{p}}$ denotes the $\mathfrak{p}$-adic completion of the ring of integers of $E$ ). Let $p$ be a rational prime such that for any prime $\mathfrak{p}$ in $\mathcal{O}_{E}$ which divides $p$, the correspondent map $\phi_{\mathfrak{p}}$ is injective (this holds for almost all primes $p$ ). We can write $p \mathcal{O}_{E}=\mathfrak{p}_{1}^{e_{1}} \cdots \mathfrak{p}_{\mathfrak{m}}{ }^{e_{m}}$.

For any $j=1, \ldots, m$, the ring $\widehat{\mathcal{O}}_{E, \mathfrak{p}_{j}}$ contains $\mathbb{Z}_{p}$ as a subring and is a $\mathbb{Z}_{p}$-module of dimension $d_{j}=e_{j} f_{j}$, where $f_{j}$ is the degree of the extension of residual fields $\left[\mathcal{O}_{E} / \mathfrak{p}_{j}: \mathbb{Z} / p \mathbb{Z}\right]$. If we fix $j$ and a basis $b_{1}^{j}, \ldots, b_{d_{j}}^{j} \in \widehat{\mathcal{O}}_{E, \mathfrak{p}_{j}}$ as $\mathbb{Z}_{p}$-module, we have a natural ring homomorphism $\psi_{j}: \widehat{\mathcal{O}}_{E, \mathfrak{p}_{j}} \rightarrow M_{d_{j} \times d_{j}}\left(\mathbb{Z}_{p}\right)$ given by $\psi_{j}(x)=\left(x_{r s}\right)$ if $x b_{s}^{j}=\sum_{r=1}^{d_{j}} x_{r s} b_{r}^{j}$.

Let $\psi: \prod_{j=1}^{m} \mathrm{SL}_{2}\left(\widehat{\mathcal{O}}_{E, \mathfrak{p}_{j}}\right) \rightarrow \mathrm{GL}_{N}\left(\mathbb{Z}_{p}\right)$ be given diagonally by the blocks $\psi_{1}, \ldots, \psi_{m}$, where $N=2 \sum_{j} d_{j}$. Let $\phi=\psi \circ \prod_{j=1}^{m} \phi_{\mathfrak{p}_{j}}: \operatorname{SL}_{2}\left(\mathcal{O}_{E, S}\right) \rightarrow$ $\mathrm{GL}_{N}\left(\mathbb{Z}_{p}\right)$. The Zariski closure of the image of $\phi$ is a group $G<\mathrm{GL}_{N}\left(\mathbb{Z}_{p}\right)$ of dimension $d \geq 6$ (cf. [6, Example 5.7]). It is a $p$-adic analytic group which admits a normal exhaustive filtration

$$
G_{i}=G \cap \operatorname{ker}\left(\mathrm{GL}_{N}\left(\mathbb{Z}_{p}\right) \longrightarrow \mathrm{GL}_{N}\left(\mathbb{Z}_{p} / p^{i} \mathbb{Z}_{p}\right)\right)
$$

This filtration gives rise to a filtration of $\Gamma$ via the normal subgroups $\Gamma_{i}=$ $\phi^{-1}\left(G_{i}\right)$. The filtration $\left(\Gamma_{i}\right)$ is exhaustive because $\phi$ is injective.

Associated to each of the subgroups $\Gamma_{i}$ of $\Gamma$ is a finite-sheeted cover $M_{i}$ of $M=H^{3} / \Gamma$, and by the construction the sequence $\left(M_{i}\right)$ is a co-final tower of covers of $M$. By Minkowski's lemma, almost all groups $G_{i}$ are torsion-free, hence
associated $M_{i}$ are smooth hyperbolic 3-manifolds. Therefore, when it is needed we can assume that $M$ is a manifold itself.

We will require a lower bound for the systole of $M_{i}$. Such a bound is essentially provided by Proposition 10 of [10], which can be seen as a generalization of a result of Margulis [16] (see also [15]). The main difference is that we do not restrict to arithmetic manifolds. The main technical difference is that while in [op. cit.] the authors consider matrices with real entries we do it for $p$-adic numbers, which requires replacing norm of a matrix by the height of a matrix. This technical part is more intricate, however, as it is shown below, it does not affect the main argument.

Lemma 2.1. Suppose $M$ is a compact manifold. Then there is a constant $c_{1}=$ $c_{1}(M)>0$ such that $\operatorname{sys}_{1}\left(M_{i}\right) \geq c_{1} \log n_{i}$, where $n_{i}=\left[\Gamma: \Gamma_{i}\right]$.

Proof. Since $M$ is compact, we can apply the Milnor-Schwarz lemma. Therefore, if we fix a point $o \in \mathbb{H}^{3}$, then $\Gamma$ has a finite symmetric set of generators $X$ such that the map $(\Gamma, X) \rightarrow \mathbb{H}^{3}$ given by $\gamma \mapsto \gamma(o)$ is a $\left(C_{1}, C_{2}\right)$ quasi-isometry. This means that for any pair $\gamma_{1}, \gamma_{2} \in \Gamma$ we have

$$
C_{1} d_{X}\left(\gamma_{1}, \gamma_{2}\right)-C_{2} \leq d\left(\gamma_{1}(o), \gamma_{2}(o)\right) \leq \frac{1}{C_{1}} d_{X}\left(\gamma_{1}, \gamma_{2}\right)+C_{2}
$$

where $d(\cdot, \cdot)$ denotes the distance function in $\mathbb{H}^{3}, d_{X}\left(\gamma_{1}, \gamma_{2}\right)=\left|\gamma_{1}^{-1} \gamma_{2}\right|_{X}$ and $|\gamma|_{X}$ is the minimal length of a word in $X$ which represents $\gamma$. For any $i \geq 1$, we define $\operatorname{sys}\left(\Gamma_{i}, X\right)=\min \left\{d_{X}(1, \gamma) \mid \gamma \in \Gamma_{i} \backslash\{1\}\right\}$.

Claim 1. Let $\delta_{M}>0$ be the diameter of $M$. For any $i \geq 1$, we have

$$
\operatorname{sys}_{1}\left(M_{i}\right) \geq C_{1} \operatorname{sys}\left(\Gamma_{i}, X\right)-C_{2}-2 \delta_{M} .
$$

To prove the claim, consider the Dirichlet fundamental domain $D(o)$ of $\Gamma$ in $\mathbb{H}^{3}$ centered in $o$. It is easy to see that any point $x \in D(o)$ satisfies $d(x, o) \leq \delta_{M}$. Now let $\alpha_{i} \subset M_{i}$ be a closed geodesic realizing the systole of $M_{i}$. As $M_{i} \rightarrow M$ is a local isometry, the image of $\alpha_{i}$ in $M$ has the same length (counted with multiplicity). Denote the image by $\alpha_{i}$ again. We can suppose that $x_{i} \in D(o)$ is a lift of $\alpha_{i}(0)$. Thus, there exists a unique nontrivial $\gamma_{i} \in \Gamma_{i}$ such that $\operatorname{sys}_{1}\left(M_{i}\right)=d\left(x_{i}, \gamma_{i}\left(x_{i}\right)\right)$. Note that $d\left(x_{i}, o\right)=d\left(\gamma_{i}\left(x_{i}\right), \gamma_{i}(o)\right) \leq \delta_{M}$, therefore, by the triangle inequality we have

$$
\begin{aligned}
\operatorname{sys}_{1}\left(M_{i}\right) & \geq d\left(o, \gamma_{i}(o)\right)-2 \delta_{M} \\
& \geq C_{1} d_{X}\left(1, \gamma_{i}\right)-C_{2}-2 \delta_{M} \\
& \geq C_{1} \operatorname{sys}\left(\Gamma_{i}, X\right)-C_{2}-2 \delta_{M}
\end{aligned}
$$

Now our problem is reduced to proving that $\operatorname{sys}\left(\Gamma_{i}, X\right)$ grows logarithmically as a function of $\left[\Gamma: \Gamma_{i}\right]$. In order to do so we use arithmetic of the field $E$ in an essential way.

Let $S(E)$ be the set of all places of $E, S_{\infty}$ be the set of archimedean places, and $S_{p}$ be the set of places corresponding to the prime ideals $\mathfrak{p}_{1}, \ldots, \mathfrak{p}_{m}$, which appear in the definition of $M_{i}$. For any $x \in E$, we define the height of $x$ by $H(x)=\prod_{v \in S(E)} \max \left\{1,|x|_{v}\right\}$. Recall that for any $x, y \in E$ and an archimedean place $v$, we have $|x+y|_{v} \leq 4 \max \left\{|x|_{v},|y|_{v}\right\}$, and for any non-archimedean place $u$, we have $|x+y|_{u} \leq \max \left\{|x|_{v},|y|_{u}\right\}$. Therefore, the height function satisfies $H(x+y) \leq 4^{\# S_{\infty}} H(x) H(y)$.

We can generalize the definition of height for matrices with entries in $E$. Thus, for any $M=\left(m_{i j}\right) \in \mathrm{SL}_{2}(E)$, we define $H(M)=\prod_{v \in S(E)} \max \left\{1,\left|m_{i j}\right|_{v}\right\}$. We note that $H(M) \geq \max \left\{H\left(m_{i j}\right)\right\}$.

Claim 2. For any $M, N \in \operatorname{SL}_{2}(E)$, we have $H(M N) \leq 4^{\# S_{\infty}} H(M) H(N)$.
Indeed, any entry $x$ of $M N$ can be written as $x=a u+b t$ with $a, b$ entries of $M$ and $u, t$ entries of $N$. Therefore, for any $v \in S_{\infty}$,

$$
\begin{aligned}
\max \left\{1,|x|_{v}\right\} & \leq 4 \max \left\{1,|a|_{v},|b|_{v}\right\} \max \left\{1,|u|_{v},|t|_{v}\right\} \\
& \leq 4 \max \left\{1,\left|m_{i j}\right|_{v}\right\} \max \left\{1,\left|n_{i j}\right|_{v}\right\} .
\end{aligned}
$$

For non-archimedean places we have the same inequality without the factor 4 . Now if $M N=\left(x_{i j}\right)$, then these inequalities show that

$$
H(M N)=\prod_{v \in S(E)} \max \left\{1,\left|x_{i j}\right|_{v}\right\} \leq 4^{\# S_{\infty}} H(M) H(N)
$$

Next we want to estimate from below the height of $\gamma$ for any nontrivial $\gamma \in \Gamma_{i}$.
Claim 3. There exists a constant $C_{3}>0$ such that for any $\gamma \in \Gamma_{i} \backslash\{1\}$ we have $H(\gamma) \geq C_{3} p^{n i}$, where $n=[E: \mathbb{Q}]$.

Indeed, let $\gamma=\gamma_{r_{1}} \cdots \gamma_{r_{w}(\gamma)} \in \Gamma_{i}$ be a nontrivial element with $\gamma_{r_{j}} \in X$ and $w(\gamma)=d_{X}(1, \gamma)$. We now recall the definition of the group $\Gamma_{i}$. If we write $\gamma=\left(\begin{array}{ll}a & b \\ c & d\end{array}\right)$, then for any $l=1, \ldots, m$ we have

$$
\left(\begin{array}{ll}
\psi_{l}(a) & \psi_{l}(b) \\
\psi_{l}(c) & \psi_{l}(d)
\end{array}\right) \equiv\left(\begin{array}{cc}
I_{d_{l}} & 0 \\
0 & I_{d_{l}}
\end{array}\right) \quad \bmod \left(p^{i} \mathbb{Z}_{p}\right)
$$

By the definition of $\psi_{l}$ we have that $(a-1) b_{j}^{l}, b b_{j}^{l}, c b_{j}^{l},(d-1) b_{j}^{l} \in p^{i} \widehat{\mathcal{O}}_{E, \mathfrak{p}_{l}}$ for any $1 \leq j \leq d_{l}$. Taking $C^{*}=\min _{l, j}\left\{\left|b_{j}^{l}\right|_{\mathfrak{p}_{l}}\right\}>0$, we obtain

$$
C^{*} \max \left\{|a-1|_{\mathfrak{p}_{l}},|b|_{\mathfrak{p}_{l}},|c|_{\mathfrak{p}_{l}},|d-1|_{\mathfrak{p}_{l}}\right\} \leq \operatorname{Norm}\left(\mathfrak{p}_{l}\right)^{-i e_{l}}
$$

for any $l=1, \ldots, m$. This is because $|p|_{\mathfrak{p}_{l}}=\operatorname{Norm}\left(\mathfrak{p}_{l}\right)^{-e_{l}}$ by definition, where for an ideal $I \subset \mathcal{O}_{E}$ the norm of $I$ is equal to $\operatorname{Norm}(I)=\#\left(\mathcal{O}_{E} / I\right)$.

Recall that the Product Formula says that for any nonzero $x \in E$ we have $\prod_{v}|x|_{v}=1$. Since $\gamma$ is nontrivial, at least one of the numbers $\{a-1, b, c, d-1\}$ is not zero. Therefore, if we apply the Product Formula for any nonzero element in this set, we obtain

$$
\max \{H(a-1), H(b), H(c), H(d-1)\} \geq \prod_{l=1}^{m} C^{*} \operatorname{Norm}\left(\mathfrak{p}_{l}\right)^{i e_{i}}=\left(C^{*}\right)^{m} p^{n i}
$$

Moreover, by the estimate of the height of a sum we have

$$
\max \{H(a-1), H(b), H(c), H(d-1)\} \leq 4^{\# S_{\infty}} \max \{H(a), H(b), H(c), H(d)\}
$$

therefore,

$$
H(\gamma) \geq \max \{H(a), H(b), H(c), H(d)\} \geq \frac{\left(C^{*}\right)^{m} p^{n i}}{4^{\# S_{\infty}}}=C_{3} p^{n i}
$$

This proves Claim 3.
We can now finish the proof of the lemma. If we take

$$
C_{4}=4^{\# S_{\infty}} \max \{H(M) \mid M \in X\}
$$

we have

$$
C_{3} p^{n i} \leq H(\gamma) \leq\left(4^{\# S_{\infty}}\right)^{d_{X}(1, \gamma)-1}(\max \{H(M) \mid M \in X\})^{d_{X}(1, \gamma)} \leq C_{4}^{d_{X}(1, \gamma)}
$$

This estimate holds for any nontrivial $\gamma \in \Gamma_{i}$, hence $C_{3} p^{n i} \leq C_{4}^{\text {sys }\left(\Gamma_{i}, X\right)}$ for any $i$. On the other hand, there exists a constant $C_{5}>0$ such that $\left[\bar{\Gamma}: \stackrel{4}{\Gamma_{i}}\right] \leq C_{5} p^{i \operatorname{dim}(G)}$. These inequalities together imply that

$$
\operatorname{sys}\left(\Gamma_{i}, X\right) \geq \frac{n}{\operatorname{dim}(G) \log \left(C_{4}\right)} \log \left(\left[\Gamma: \Gamma_{i}\right]\right)+\frac{\log \left(C_{3} C_{5}^{\frac{-n}{\text { dim } G}}\right)}{\log \left(C_{4}\right)}
$$

Since $\left[\Gamma: \Gamma_{i}\right] \rightarrow \infty$ and $\operatorname{sys}_{1}\left(M_{i}\right)$ is bounded below by a positive constant, we conclude that there exists a constant $c_{1}=c_{1}\left(o, \delta_{M}, p, \psi_{1}, \ldots, \psi_{m}\right)=c_{1}(M)>0$ such that $\operatorname{sys}_{1}\left(M_{i}\right) \geq c_{1} \log \left(\left[\Gamma: \Gamma_{i}\right]\right)$ for any $i \geq 1$.

Note that the constant $c_{1}$ depends on $M$ (cf. Question 1). If $M$ is arithmetic, then by [13] we can take $c_{1}=\frac{2}{3}-\epsilon$ for a small $\epsilon>0$ assuming $n_{i}$ is sufficiently large. In general case the argument of [13] does not apply, while the proof of Lemma 2.1 does not provide a sufficient level of control over the constants.

## 3. Proofs of Theorems 1 and 2

Following [5], we define the systolic genus of a manifold $M$ by

$$
\operatorname{sysg}(M)=\min \left\{g \mid \text { the fundamental group } \pi_{1}(M) \text { contains } \pi_{1}\left(S_{g}\right)\right\},
$$

where $S_{g}$ denotes a closed Riemann surface of genus $g>0$.
Let $M$ be a closed hyperbolic 3-manifold with sufficiently large systole $\operatorname{sys}_{1}(M)$. By [5, Theorem 2.1], we have

$$
\begin{equation*}
\log \operatorname{sysg}(M) \geq c_{2} \cdot \operatorname{sys}_{1}(M), \tag{1}
\end{equation*}
$$

where $c_{2}>0$ is an absolute constant (for any $\delta>0$, assuming sys ${ }_{1}(M)$ is sufficiently large, we can take $c_{2}=\frac{1}{2}-\delta$ ).

The second ingredient of the proof is a theorem of Calegary and Emerton [6], which implies that for the sequences of covers defined in Section 2 we have

$$
\begin{equation*}
\operatorname{dim} \mathrm{H}_{1}\left(M_{i}, \mathrm{~F}_{p}\right) \geq \lambda \cdot p^{(d-1) i}+O\left(p^{(d-2) i}\right) \tag{2}
\end{equation*}
$$

for some rational constant $\lambda \neq 0$. Recall that we have dimension $d=\operatorname{dim}(G) \geq 6$ and the degree of the covers $M_{i} \rightarrow M$ grows like $p^{d i}$. Hence we can rewrite (2) in the form

$$
\begin{equation*}
\operatorname{dim} \mathrm{H}_{1}\left(M_{i}, \mathrm{~F}_{p}\right) \geq c_{3} \operatorname{vol}\left(M_{i}\right)^{5 / 6}, \tag{3}
\end{equation*}
$$

where $c_{3}>0$ is a constant depending on $M$ and we assume that $\operatorname{vol}\left(M_{i}\right)$ is sufficiently large.

We note that in contrast with the previous related work, the theorem of [6] applies to non-arithmetic manifolds as well as to the arithmetic ones.

Now recall a result of Baumslag-Shalen [4, Appendix]. They show that if $\operatorname{sysg}(M) \geq k$ and $\operatorname{dim} \mathrm{H}_{1}(M, \mathbb{Q}) \geq k+1$, then $\pi_{1}(M)$ is $k$-free. In a subsequent paper [18], Shalen and Wagreich proved that the same conclusion holds if $\operatorname{sysg}(M) \geq k$ and $\operatorname{dim} \mathrm{H}_{1}\left(M, \mathbb{F}_{p}\right) \geq k+2$ [loc. cit., Proposition 1.8].

We now bring all the ingredients together. Given a closed hyperbolic 3 -orbifold $M$, for the sequence ( $M_{i}$ ) of its manifold covers defined in Section 2 we have

$$
\begin{array}{rlrl}
\operatorname{sysg}\left(M_{i}\right) & \geq e^{c_{2} \cdot \operatorname{sys}_{1}\left(M_{i}\right)} & & (\text { by }(1)) \\
& \geq \operatorname{vol}\left(M_{i}\right)^{c} & (\text { by Lemma 2.1 })
\end{array}
$$

and

$$
\operatorname{dim} \mathrm{H}_{1}\left(M_{i}, \mathrm{~F}_{p}\right) \geq c_{3} \cdot \operatorname{vol}\left(M_{i}\right)^{5 / 6} \quad(\text { by }(3)) .
$$

Hence by the theorem from [18] cited above we obtain

$$
\mathcal{N}_{f r}\left(\pi_{1}\left(M_{i}\right)\right) \geq \operatorname{vol}\left(M_{i}\right)^{C},
$$

where $C=C(M)>0$ and we assume that $\operatorname{vol}\left(M_{i}\right)$ is sufficiently large. This proves Theorem 1.

For the second theorem recall that the systole of a hyperbolic 3-manifold is bounded above by the logarithm of its volume. Indeed, a manifold $M$ with a systole $\operatorname{sys}_{1}(M)$ contains a ball of radius $r=\operatorname{sys}_{1}(M) / 2$. The volume of a ball in $\mathbb{H}^{3}$ is given by $\operatorname{vol}(B(r))=\pi(\sinh (2 r)-2 r)$, hence we get

$$
\begin{aligned}
& \operatorname{vol}(M) \geq \pi\left(\sinh \left(\operatorname{sys}_{1}(M)\right)-\operatorname{sys}_{1}(M)\right) \sim \frac{\pi}{2} e^{\operatorname{sys}_{1}(M)} \\
& \operatorname{vol}(M) \geq e^{c \cdot \operatorname{sys}_{1}(M)}, \quad \text { as } \operatorname{sys}_{1}(M) \rightarrow \infty
\end{aligned}
$$

By Lemma 2.1, the systole of the covers $M_{i} \rightarrow M$ grows as $i \rightarrow \infty$. Therefore, we can bound both $\operatorname{sysg}\left(M_{i}\right)$ and $\operatorname{dim} \mathrm{H}_{1}\left(M_{i}, \mathbb{F}_{p}\right)$ below by an exponential function of $\operatorname{sys}_{1}\left(M_{i}\right)$ with an absolute constant in exponent. Theorem 2 now follows immediately from the theorem of [18].

Remark 3.1. It follows from the proof that for any $\delta>0$, assuming $\operatorname{sys}_{1}\left(M_{i}\right)$ is large enough, we can take $\varepsilon$ in Theorem 2 equal to $e^{\frac{1}{2}-\delta}-1$. The same bound applies for the constant in Theorem 3, which we prove in the next section.

## 4. Generalization to finite volume hyperbolic 3-manifolds

Let $\Gamma<\mathrm{PSL}_{2}(\mathbb{C})$ be a finite covolume Kleinian group. The quotient $M=\mathbb{H}^{3} / \Gamma$ is a finite volume orientable hyperbolic 3-orbifold, which can be either closed or non-compact with a finite number of cusps. The group $\Gamma$ is a relatively hyperbolic group with respect to the cusp subgroups. In this section we discuss a generalization of Gromov's conjecture and our results to this class of groups.

We call $\Gamma$ a $k$-semifree group if any subgroup of $\Gamma$ generated by $k$ elements is a free product of free abelian groups. The maximal $k$ for which $\Gamma$ is $k$-semifree is denoted by $\mathcal{N}_{f r}^{\prime}(\Gamma)$. With this definition, we can generalize Gromov's conjecture to relatively hyperbolic groups. Although the injectivity radius of manifolds with cusps vanish, their systole is still bounded away from zero. Therefore, a natural generalization of Gromov's conjecture would be that $\mathcal{N}_{f r}^{\prime}(\Gamma)$ is bounded below by an exponential function of the systole of the associated quotient space $M$. Theorem 3, which we prove in this section, can be considered as an evidence for this conjecture.

We need to modify the definition of the systolic genus of a manifold $M$ in the following way:

$$
\operatorname{sysg}(M)=\min \left\{g>1 \mid \text { the fundamental group } \pi_{1}(M) \text { contains } \pi_{1}\left(S_{g}\right)\right\}
$$

where $S_{g}$ denotes a closed Riemann surface of genus $g$. We excluded the genus $g=1$ in order to adapt the definition to the non-compact finite volume 3-manifolds which otherwise would all have sysg $=1$.

Let $M$ be a finite volume hyperbolic 3-manifold with sufficiently large systole $\operatorname{sys}_{1}(M)$. By [5, Theorem 2.1], if $M$ is closed, we have

$$
\begin{equation*}
\log \operatorname{sysg}(M) \geq c_{2} \cdot \operatorname{sys}_{1}(M) \tag{4}
\end{equation*}
$$

where $c_{2}>0$ is an absolute constant. We now discuss a generalization of this result to non-compact finite volume 3-manifolds. The first step in the proof of the theorem in [5] is an application of the theorem of Schoen-Yau and SacksUhlenbeck, which allows to homotop a $\pi_{1}$-injective map of a surface of genus $g>1$ into $M$ to a minimal immersion. This result was recently generalized to the finite volume hyperbolic 3-manifolds in the work of Collin-Hauswirth-MazetRosenberg [7] and Huang-Wang [11] (see in particular [11, Theorem 1.1]). So let $S_{g}$ be a closed immersed least area minimal surface in $M$. In order to establish (4) for $M$ we can suppose that $S_{g}$ is embedded. Indeed, since $\pi_{1}(M)$ is $L E R F$ [2, Corollary 9.4] there exists a finite covering $\tilde{M}$ of $M$ such that $S_{g}$ is embedded and $\pi_{1}$-injective in $\tilde{M}$. Moreover, $g \geq \operatorname{sysg}(\tilde{M})$ and $\operatorname{sys}_{1}(\tilde{M}) \geq \operatorname{sys}_{1}(M)$. If $S_{g}$ has no accidental parabolic curves, then the systole of $S_{g}$ with respect to the induced metric satisfies $\operatorname{sys}_{1}\left(S_{g}\right) \geq \operatorname{sys}_{1}(M)$ and the rest of the proof in [5] applies without any changes.

In the presence of accidental parabolics, we can apply the following lemma.

Lemma 4.1 (Compression Lemma). Let $M$ be a non-compact hyperbolic 3manifold of finite volume. Suppose that there exists a $\pi_{1}$-injective embedded closed surface $S_{g} \subset M$, for some genus $g \geq 2$, such that $S_{g}$ has an accidental parabolic simple curve $\alpha$. Then there exist disjoint tori $T_{1}, \ldots, T_{n} \subset M$, one for each cusp $\mathcal{C}\left(T_{i}\right)$ of $M$, such that the compact 3-manifold $M^{\prime}=M \backslash \cup_{i=1}^{n} \mathcal{C}\left(T_{i}\right)$ has a properly incompressible and boundary-incompressible surface $S_{g^{\prime}, p}$ with $g^{\prime} \geq \frac{g}{2}$ and $1 \leq p \leq 2$.

Proof. Suppose that $\alpha$ is associated to a parabolic isometry corresponding to a cusp $\mathcal{C}=T_{0} \times[0, \infty)$ of $M$, where $T_{0}$ is a maximal torus. Since $S_{g}$ is compact we can consider a torus $T=T_{0} \times\left\{t_{0}\right\} \subset \mathcal{C}$ for some $t_{0}>0$ sufficiently large such that $S_{g} \subset M \backslash T_{0} \times\left[t_{0}, \infty\right)$. We denote by $\beta \subset T$ the corresponding simple curve homotopic to $\alpha$.

We first show that there exists an embedding $f: S_{g} \rightarrow M$ homotopic to the embedding $\iota: S_{g} \rightarrow M$ such that $f$ is transversal to some torus $T_{1} \subset \mathcal{C}$ and $f\left(S_{g}\right) \cap T_{1} \times[0, \infty) \subset \mathcal{C}$ is an annulus with boundary curves $f\left(\alpha_{0}\right), f\left(\alpha_{1}\right)$, where $\alpha_{0}, \alpha_{1}$ are the boundary curves of a collar neighborhood of $\alpha$ in $S_{g}$.

As an application of the Jaco-Shalen Annulus Theorem [12, Theorem VIII.13], there exists an embedding $H_{0}: \mathbb{S}^{1} \times[0,1] \rightarrow M$ with $H(\theta, 0)=\alpha(\theta)$ and $H(\theta, 1)=\beta(\theta)$ (see [17, Lemma 2.1]). We can suppose that $H_{0}$ is transversal to $S_{g}$ and $T$ and is such that if we denote by $\mathcal{A}$ the image $H_{0}\left(\mathbb{S}^{1} \times[0,1]\right)$, then $\mathcal{A} \cap S_{g}=\alpha$ and $\mathcal{A} \cap M \backslash T \times[0, \infty)=\beta$.

Let $\mathcal{D}$ be a collar neighborhood of $\alpha$ in $S_{g}$ contained in a tubular neighborhood $\pi: E \subset M \rightarrow \mathcal{A}$ such that $\mathcal{D} \cap \mathcal{A}=\alpha$. Since $\pi: E \rightarrow \mathcal{A}$ is trivial, we can deform $\mathcal{D}$ into $E$ preserving the boundary and moving $\alpha$ along $\mathcal{A}$. We get a new annulus $\mathcal{D}^{\prime} \subset M$ with $\partial \mathcal{D}^{\prime}=\alpha_{0} \cup \alpha_{1}$ and $\mathcal{D}^{\prime} \cap T=\beta$.

Let $\psi$ be the diffeomorphism between $\mathcal{D}$ and $\mathcal{D}^{\prime}$ given by the deformation. We can suppose that $\psi$ is the identity in a small neighborhood of the boundary. We now define the map $f: S_{g} \rightarrow M$ by $f(x)=x$ if $x \notin \mathcal{D}$ and $f(y)=\psi(y)$ if $y \in \mathcal{D}$. It is a smooth embedding homotopic to the inclusion.

By transversality, for some $0<t_{1}<t_{0}$ we have a torus $T_{1}=T_{0} \times\left\{t_{1}\right\}$ and a subannulus $\widehat{\mathcal{D}} \subset \mathcal{D}$ such that $f$ is transversal to $T_{1}$ and

$$
f\left(S_{g}\right) \cap M \backslash T_{1} \times[0, \infty)=f\left(S_{g} \backslash \operatorname{int}(\widehat{\mathcal{D}})\right) \quad \text { and } \quad f\left(\partial\left(S_{g} \backslash \operatorname{int}(\widehat{\mathcal{D}})\right)\right)=f(\partial \widehat{\mathcal{D}}) \subset T_{1}
$$

This shows that embedding $f$ has the desired properties.
Now, for the torus $T_{1}$ constructed above, there exist disjoint tori $T_{2}, \ldots, T_{n}$ in the cusps of $M$ such that the corresponding cusps $\mathcal{C}\left(T_{j}\right) \cap \mathcal{C}\left(T_{1}\right)=\emptyset$ for all $j=2, \ldots, n$ and $f\left(S_{g} \backslash \operatorname{int}(\hat{\mathcal{D}})\right) \subset M^{\prime}=M \backslash \cup_{i=1}^{n} \mathcal{C}\left(T_{i}\right)$, and we have that $f\left(S_{g} \backslash \operatorname{int}(\widehat{\mathcal{D}})\right) \subset M^{\prime}$ is a proper submanifold of $M^{\prime}$.

Note that $f\left(S_{g} \backslash \operatorname{int}(\widehat{\mathcal{D}})\right)$ is connected with two boundary curves if $\alpha$ does not separate and has two components with a boundary curve if $\alpha$ separates it. In the latter case we consider the component with the maximal genus. Hence in both cases we have a surface $S_{g^{\prime}, p}$ with $g^{\prime} \geq \frac{g}{2}$ and $1 \leq p \leq 2$ and a proper embedding $f: S_{g^{\prime}, p} \rightarrow M^{\prime}$.

Recall that a properly embedded surface $F$ in a compact 3-manifold $N$ with boundary is called boundary-compressible if either $F$ is a disk and $F$ is parallel to a disk in $\partial N$, or $F$ is not a disk and there exists a disk $D \subset N$ such that $D \cap F=c$ is an arc in $\partial D, D \cap \partial N=c^{\prime}$ is an arc in $\partial D$, with $c \cap c^{\prime}=\partial c=\partial c^{\prime}$ and $c \cup c^{\prime}=\partial D$, and either $c$ does not separate $F$ or $c$ separates $F$ into two components and the closure of neither is a disk. Otherwise, $F$ is boundary-incompressible (see [12, Chapter III]).

Since $S_{g} \subset M$ is $\pi_{1}$-injective, it follows from the definition and our construction that $S_{g^{\prime}, p} \subset M^{\prime}$ is incompressible and boundary-incompressible.

We now apply to $S_{g^{\prime}, p}$ a result of Adams and Reid [1, Theorem 5.2]. Since $\operatorname{sys}_{1}(M)=\operatorname{sys}_{1}\left(M^{\prime}\right)$, it immediately implies inequality (4).

The theorem of Calegary-Emerton applies to non-cocompact groups as well as to the cocompact ones.

We finally recall a result of Anderson-Canary-Culler-Shalen [3]. They show that if $\operatorname{sysg}(M) \geq k$ and $\operatorname{dim} \mathrm{H}_{1}\left(M, \mathbb{F}_{p}\right) \geq k+2$ for some prime $p$, then $\pi_{1}(M)$ is $k$-semifree [loc. cit., Corollary 7.4]. This theorem generalizes the previous results in $[4,18]$ to non-compact hyperbolic 3-manifolds. Its proof also makes an essential use of topology of 3-manifolds.

Similar to Section 3, we bring together all the ingredients considered above.

Given a finite volume hyperbolic 3-orbifold $M$, for the sequence ( $M_{i}$ ) of its manifold covers defined in Section 2 we have

$$
\operatorname{sysg}\left(M_{i}\right) \geq e^{c_{2} \cdot \operatorname{sys}_{1}\left(M_{i}\right)} \quad(\text { by }(4)),
$$

and

$$
\operatorname{dim} \mathrm{H}_{1}\left(M_{i}, \mathbb{F}_{p}\right) \geq c_{3} \cdot \operatorname{vol}\left(M_{i}\right)^{5 / 6} \quad(\text { by Calegary-Emerton }) .
$$

The fact that a manifold $M$ with systole $\operatorname{sys}_{1}(M)$ contains a ball of radius $r=\operatorname{sys}_{1}(M) / 2$ is not necessarily true for non-compact finite volume hyperbolic 3-manifolds but it is still possible to bound the volume by an exponential function of the systole. By Lakeland-Leininger [14, Theorem 1.3], we have

$$
\operatorname{vol}(M) \geq e^{c \cdot \operatorname{sys}_{1}(M)}, \quad \text { as } \operatorname{sys}_{1}(M) \rightarrow \infty
$$

(with $c=\frac{3}{4}-\delta$ for any $\delta>0$, assuming $\operatorname{sys}_{1}(M)$ is sufficiently large).
Although we do not have a generalization of Lemma 2.1, we do know that $\operatorname{sys}_{1}\left(M_{i}\right) \rightarrow \infty$ with $i$ because the sequence of covers $M_{i} \rightarrow M$ is co-final. Therefore, we can bound both $\operatorname{sysg}\left(M_{i}\right)$ and $\operatorname{dim} \mathrm{H}_{1}\left(M_{i}, \mathbb{F}_{p}\right)$ below by an exponential function of $\operatorname{sys}_{1}\left(M_{i}\right)$ with an absolute constant in exponent and Theorem 3 now follows from the theorem of [3].

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